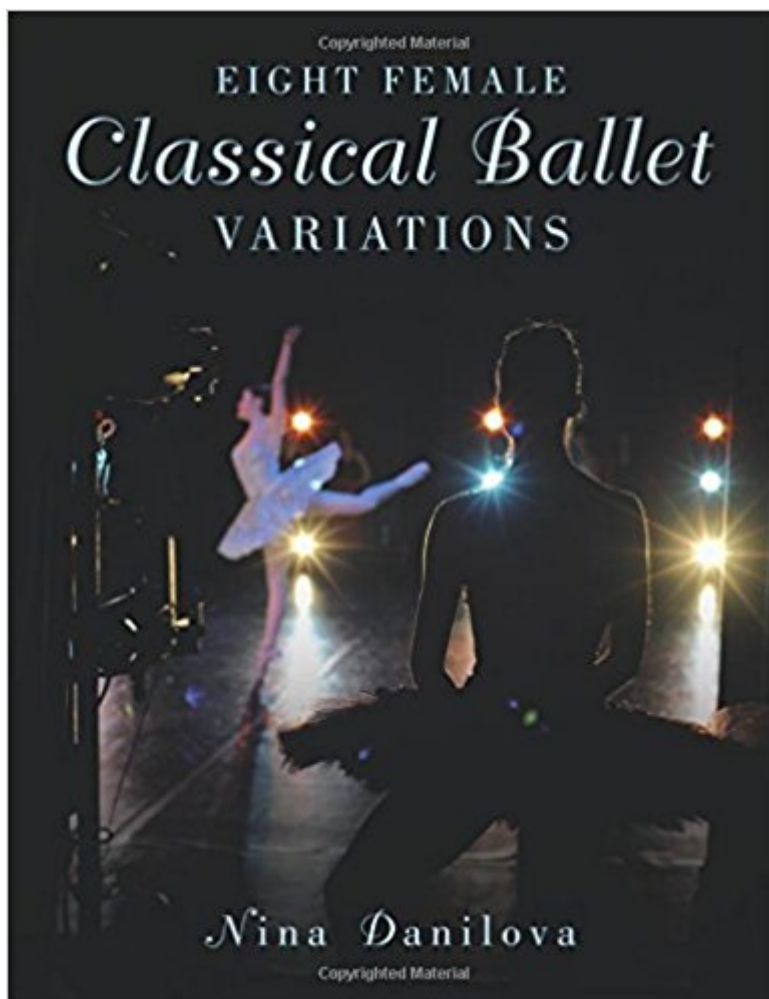




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Eight Female Classical Ballet Variations



Synopsis

From the graceful flutter of Princess Florine at Sleeping Beauty's wedding to the playful jetés in the first act of Giselle, the variation - or short solo work - is one of the key elements of classical ballet. Arguing that true artistry requires in-depth knowledge, author Nina Danilova has worked with students for many years to focus on performing individual variations with the greatest extent of technical proficiency and artistic sensitivity. *Eight Female Classical Ballet Variations* lays out eight variations in the ballerina's repertoire. Each chapter is divided into five sections: a piano reduction of the score; a contextual note covering the history of the ballet, the plot, and memorable dancers who have performed the role; and instructions for dancing the variation itself, illustrated step by step. Accompanied by a comprehensive companion website, *Eight Female Classical Ballet Variations* pairs Danilova's method of teaching students with her decades of pedagogical experience.

Book Information

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Customer Reviews

"Nina Danilova has created a valuable resource for the aspiring dancer of classical ballet. Her system provides the teacher or the student with necessary tools to continue study and pass down classical variations to the next generation. Ms. Danilova is recognized in the dance world for her outstanding ability at training hundreds of young dancers for professional career. This book is a wonderful complement to any serious training program." -- Wanda H. Plemmons, Director, Academy of Dance Arts, Inc. "Nina Danilova has provided a detailed and useful guide for teaching these eight classical ballet variations. It is a valuable reference and resource to have in the classroom and ballet

studio." -- Rick McCullough, Associate Professor, School of Dance, Florida State University "Nina Danilova has provided a detailed and useful guide for teaching these eight classical ballet variations. It is a valuable reference and resource to have in the classroom and ballet studio." -- Rick McCullough, Associate Professor, School of Dance, Florida State University "Its essentials are an excellent resource and a great benefit for all ballet students, delivering new perspectives for future professional careers."--Snezana Filipovska, Ph.D."Nina Danilova's Eight Female Classical Ballet Variations book is a best example for gaining a knowledge of ballet skills. The years of her creative maturity, as an experienced dancer and professionally certified teacher, are an insidious source of inspiration to write this book, in which she has pointed out a well developed aesthetic principles of ballet skill. The Components and Models of teaching the Variations Course in her program, has enriched the theory bringing the artistic perfection to each student individuality, as well as improving the professional style. The textbook is marked with emotional hidden meanings and plastic meditations, in the manner that the students gain a new vision of genuine Variations."-- Snezana Filipovska, Ph.D.

Nina Danilova is a Vaganova-trained dancer and a former member of the Kirov company. She holds a graduate degree in ballet pedagogy and has worked with the award-winning Pacific Northwest Ballet. She is currently Associate Professor of Dance at the University of North Carolina School of the Arts, where her popular variations class provided the inspiration for this book.

As a student, I had the honor of learning from the masterful teaching's of Nina Danilova. Her expert knowledge combined with her love for ballet and her love for her students helped prepare me for my career as a classical ballet dancer. I am delighted that through "Eight Female Classical Ballet Variations," a much wider audience of teachers, students, and balletomanes will be able to experience Ms. Danilova's mastery. As a ballet school director, I am excited to have this wonderful resource in my library with which to help preserve the vast history of ballet and help guide the next generation. -Matthew C. Donnell
Director of UNCSCA Preparatory Dance Program

Eight Female Classical Ballet Variations is a must have for every ballet student, teacher and arts lover!! On top of providing the steps written out in an easy to learn abbreviated format with pictures to help you along, it provides important historical information to improve your understanding of what you are doing past executing the steps. There is additional information on how to incorporate this book into any school's variations program. With a unique take on how to work with students

whatever their level (beginner to advanced), helping them to develop not only technically but as artist, while keeping true to classical ballet heritage. It's great for out of studio ballet study as well!

For this era, where quantity is more important than quality, this book is an excellent source for classical ballet teachers and mostly for classical ballet students who are in the process of learning Variations, to understand the uniqueness of each Variation and the connection between the physical and spiritual phenomena of artistry, how Mrs Danilova explain in her book.

This book helps so much when we are learning variations in class, I can then go home and review the variation or even learn something new. The models demonstrating the moves are so beautiful and make the book that much more enjoyable to read.

As a ballet student this is a great tool to study these variations with. It's very straight forward and helps that it has BEAUTIFUL models going step by step through the variations.

Amazing book, I am so happy with it, very well done, describes every single detail and explains the proper and original version of the variations, great job

The 4 is because it did not seem as well received as I had hoped. It was a gift for my granddaughter who has wanted to be a ballerina since she saw the Nutcracker at age 2.. Fast forward - in 2015 after only 5 months on toe, she was cast in the part of Clara (on toe). The is a pre-professional company in Fairfax VA and is taught by Russian Ballerinas - It is rigorous and she puts 30 hours a week in class plus maintains advance classes at school.. She turned 13 in Jan and I couldn't wait to send it after reading a book review here in NC. I have not actually seen the book, but it seemed perfect for her - the comment I received was - 'She thought it was interesting' So that is why the 4 star - I would have given it a 5 if it were my book !!Thanks for your always prompt mailings - I have come to rely on you - Barbara

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